



FREE TIME IN GDYNIA

Restaurants, bars, pubs, clubs and cafeterias guide

I. Lunch-time...

A. Sphinx

11 10-Lutego Street tel: +48 58 661 87 95
www.sphinx.pl. e-mail: gdynia@sfinx.pl

Opening hours: Sun – Thu 12.00-23.00
Fri – Sat 12.00-24.00

Food: tasty and diverse
– shoarms, pizza, kebab, pasta, fish,
– semioriental and polish meal.

Seats: 250

Service: good; no problems with English.
Menu is in English.
Vegetarian dishes are marked in the restaurant's menu.

Prices: low and the portions are big!

Notice: smokers and non-smokers area



B. Pueblo

56 Abrahama Street (entrance from Władysława IV Street)
tel: +48 58 621-60-07

WWW: www.trojmiasto.pl/pueblo

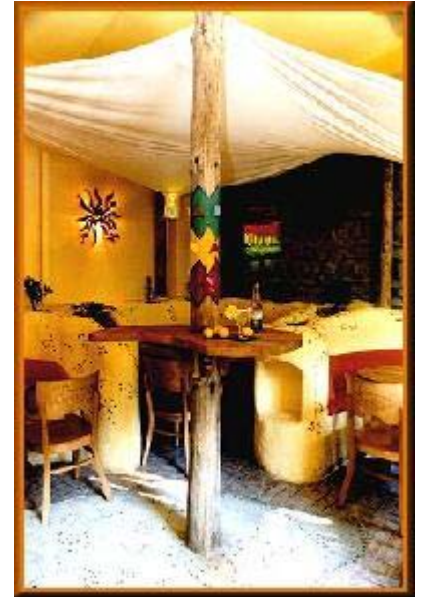
e-mail: pueblo3@poczta.wp.pl

Inside: truly Mexican atmosphere. The place is small but cosy and absorbingly decorated – plenty of colours and patterns.

Opening hours: 12:00 – 23:00

Food: very good, but rather designed for meat-eaters (vegetarians also can find something tasty for themselves, though). Great assortment of delicious traditional Mexican food. In 2004, the restaurant was awarded a prize for the best cooking in Tricity.

Service: good.



Prices: range 10 – 40 PLN (3-10 EURO)

Notice: rooms for smokers and non-smokers.

C. Bastylia – „naleśnikarnia” („the house of pancakes”)

10 Abrahama Street
Mobile phone: +48 (0) 660 674 514
e-mail: dodobe@wp.pl

Inside: appetizingly smelling. Cream-yellow walls decorated with water-colours of the most famous parts of Paris

Opening hours: 11:00 – 20:00

Seats: 18

Food: the restaurant's specials are pancakes in great variety (not only sweet) – quite a lot of vegetarian ones. You can also eat ravioli there. The food is very tasty!

Service: good and friendly. No problem with English.

Prices: low from 5 to 12 PLN (1,5 – 3 EURO)

D. Green Way – vegetarian self-service restaurant

24 Abrahama Street

tel: +48 58 620 12 53

Inside: warm colours.



Opening hours: Mon – Sat 11.00 - 21.00
Sun 11.00 - 19.00

Seats: 40

Food: classical, healthy and tasty vegetarian dishes from different parts of the world. Food already prepared so they only need warming up – you don't have to wait for it. Quite a lot of salads, juice and cocktails. We recommend it!

Service: quick and friendly; self-service.

Prices: low (3 – 11 PLN , 1-3 EURO), big portions.

E. Bar Safari

20 Abrahama Street

tel. +48 58 699 05 89

Inside: African style– antelopes and tribes painted on the walls, masks etc.; warm and pleasant.

Opening hours: 11:00 – 20:00

Seats: 24

Food: Polish, venison, mutton. In the menu also some lighter meals (some of them vegetarian) like soups, baked potatoes (with cheese, mushrooms and broccoli – excellent).

Service: very friendly and helpful; English – average. Menu in English – soon....

Prices: moderate (anywhere from 10 to 20 PLN, 2,3 – 5 EURO)

F. Sushi Pesca Bar

3 Świętojańska Street

tel: +48 58 620-26-52

WWW: www.sushi-bar.prv.pl - under construction

Inside: adapted to Japanese style but very modern. Guests sit around an ellipsoidal counter. Behind it the food is prepared and, when it's ready, it is put into small wooden dinghies, which in the streamlet around the counter come to the guests.

Opening hours: 12:00 – 22:00

Seats: about 25

Food: original Japanese dishes, especially sushi; tasty.

Service: friendly; good English.

Prices: moderate (anywhere from 20 to 40 PLN, 5-10 EURO)

Notes: rooms for non-smokers

G. Bistro Anatol

14 Starowiejska Street tel: +48 505060750
WWW: www.bistro-anatol.prv.pl
e-mail: bistro-anatol@poczta.gdynia.pl

Music: radio (it's a pity, as it spoils the atmosphere)

Inside: The inside is adapted to the 1960s style; it's interesting and spacious.

Opening hours: Mon- Sat 8.00 - 22.00, Sun 11.00 - 22.00

Seats: 58

Food: varied (breakfast, soups, pancakes, ravioli, fish, salads meat dishes, pasta and pizza) and tasty (we prefer pizza in Sphinx, though). Big portions.

Service: Orders placed and beverages and drinks picked up at the counter. The ordered dishes are served to the table. Waitresses are friendly and quick but the waiting time for "a pair" of meals is sometimes too long – some meals are not served simultaneously to the same table. English – average; only 2 menus in English but they promise to improve.

Prices: low – up to 14 PLN , (4 EURO)

Notes: no smoking.

H. Bistro Kwadrans

Skwer Kościuszki 20 tel. +48 58 620 15 92

Music: radio

Inside: tidy and quite modern but has nothing to distinguish it.

Opening hours: Mon - Fri 9.00 - 22.00
Sat 10.00 - 22.00
Sun 12.00 – 22.00

Seats: about 90

Food: varied (breakfast, soups, pancakes, ravioli, fish, salads meat dishes, pasta and pizza) and tasty (pizza better than in Bistro Anatol but worse than the Sphinx, though). Big portions.

Service: Orders placed at the counter. The ordered dishes are served to the table. The waitresses are friendly and quick; good English. An English menu is available.

Prices: low – up to 13 PLN (4 EURO)

Notice: it's a popular place, so can be crowded at lunch-time.

I. Restauracja La Vita

80 – 86 Abrahama Street (entrance from Władysława IV Street)

tel. +48 58 620-51-50

e-mail: restauracjalavita@poczta.onet.pl

WWW: restauracjalavita.republika.pl

Music: nice and calm, mostly jazz.

Inside: modern and lucid; warm colours, lots of wood and glass.

Opening hours: 12:00 – 23:00

Seats: 60



Food: Italian; very tasty (the best pizza in Gdynia). The restaurant's special – fileto toscana (we heard it's great).

Service: friendly but a bit too slow, the waiting time is very long (but the food is worth waiting).

Prices: moderate
(anywhere from 10 to 20 PLN, 2,5– 5 EURO)

Notice: no room for non-smokers.

J. Coco cafe club & restaurant

21 Waszyngtona Street

Gemini Centre

tel: +48 58 661-62-00

WWW: www.coco.net.pl

e-mail: rondelek@idea.net.pl

Music: very nice, mostly jazz.

Inside: interesting combination of different styles. The restaurant is very spacious and you can see Gdansk Bay through the window ☺.

A nice place to drink wine (or beer) and chat.

Opening hours: 10:00 – 24:00

Seats: 250

Food: diverse

Service: good Menu is in English.

Prices: moderate (up to about 30 PLN , ~10 EURO)



K. Bar Słoneczny – milk bar

58 Abrahama Street (entrance from Władysława IV Street)

tel: +48 58 620-53-16

Music: no.

Inside: it's the last of the "restaurants", which were so popular in the 70's and 80's (especially among students). Still crowded at lunch-time, mostly with older people who are used to eating there. It looks rather poor and has generally no decorations but has it's own unrepeatable atmosphere ☺
Unforgettable taste of the 70's and 80's in Poland.

Opening hours: Mon – Fri 6:40 – 19:00

Seats: 70

Food: OK. Very simple traditional Polish cuisine (a pices of history !)

Service: self-service; no English!

Prices: low (0.70 – 5.39 PLN) (0,2 - 2 EURO)

Notes: **Extremely cheap !!!**

II. To chat and have some beer or wine...

1. Donegal

80-380 Gdynia, 10 Zgody Street
 tel. +48 58 620 46 23
 e-mail: donegal-pub@wp.pl

A real Irish Pub in the centre of Gdynia

Music:

sort of diverse: from classical folk music like: The Chieftains, Wolf Tones, Dubliners, Battlefield Band, Capercaillie, through to representatives of Pop & Rock music like: Sinead O'Connor, Wolfstone, U2, Simple Minds, Pogues, Waterboys. You can also listen to szanty (music played by sailors) which are played by Great Big Sea and many other singers and bands like: Hevia, Shannon, Enya, Clannad, and Shamrock.

Very often you can find here a good concert (folk, jazz, rock and blues) and topical parties.

Inside: nice and interesting. Everything looks traditional, as if the pub had existed for hundreds of years. Walls are uneven and dark; green panneling and ceiling beams are strongly worn down; and there are old photos on the walls.



Opening hours: Mon.- Sat. 11.00 - 03.00
 Sun. 13.00 - 03.00

Seats: about 70

Prices: for everybody's means.

Polish beer (really strong) 5 - 6 PLN, Irish beer 6 -10 PLN
 Guinness (pint= 0,56 litre.) poured in traditional way (lasts 10 min), "Scottish Ale" (you can't get it anywhere else in Tricity), special drinks like Gorący Irlandczyk (Hot Irish), Magic Guinness, 87 types of whisky.

Service: friendly and professional; generally no problems with English language

Atmosphere: very nice!



2. Kawiarnia Strych (Cafe Strych)

7B Plac Kaszubski (entrance from the back, on Żeromskiego Street, Cafe is situated in the yard)
tel. +48 58 620-30-38
E-mail: strychgdynia@op.pl

Music: nice and pleasant, live music – piano playing 5 days a week

Inside: It is an old fisherman's cottage adapted to 1920s style, where between numerous antiques you can time - travel. Lots of pictures of young Gdynia.

Opening hours: Mon.- Fri. 14:00 -01.00,
Sat. - Sun. 16:00 - 01:00

Special offers: Everyday a new special offer for alcohol.

Parties/concerts: piano concerts

Seats: 70 (one room for smokers, another room for non-smokers and floor)

Prices: beer 5,50 PLN - 0,5l; 10 PLN- 1l
glass of wine from - 6,00 PLN
juice - 4,00 PLN
coffee (flavoured) - 7,00 PLN
tea (flavoured) - 5,50 PLN

Other: spicy beer, 15 sorts of tea and coffee

Inside: in respect of the 1920s style; fireplace; poem evening every month

Atmosphere: closed-circle atmosphere; cosy place; live piano music in the background 5 days a week. An unusual place.



3. Contrast Cafe

Bulwar Nadmorski
tel. +48 503-516-401

A pub on the edge of the beach. The kingdom of seaman's songs and people connected with the sea.

Periodical parties with live music:

Sunday - OPOWIEŚCI MORSKIE (Sea Stories)

Tuesday- SZANTOWISKO

Thursday – student Thursdays, WIECZÓR ZDARTEJ PŁYTY (the evening of a worn-out-record)

Friday- rock, blues



Inside: Place for "the real Sea Dogs" and others. Nautical decorations: ropes on the walls and lamps from old sailing-vessels on the ceiling; wooden benches.

Opening hours: everyday from 10.00 till ...

Seats: about 90

Prices: beer 5 PLN - 0,5 L

plus 160 kinds of alcohol. Whisky Powers imported directly from England.

You can also get tea, coffee or something to eat (for a reasonable price) here.

Service: rather friendly; English – average.

Atmosphere: great; it's a very popular place.



4. Bohema Jazz Club

21 Waszyngtona Street (Gemini Centre)

tel: +48 502 172 536

WWW: www.bohemajazzclub.pl

e-mail: biuro@bohemajazzclub.pl

Music: jazz (also concerts).

Inside: interesting, nice looking, classical; dark walls covered with pictures of musicians (you can see it on their website)

Opening hours: from 10:00 till the last customer leaves...

Seats: 120

Service: it depends on your luck...

Prices: good

Wide choice of alcohol. Probably good meals (we heard), but not for vegetarians ☹

Atmosphere: a charming place.

5. Blues Club

9 Portowa Street
tel.: +48 58 621-09-43
www: www.bluesclub.prv.pl
e-mail: bluesclub@wp.pl

Music: Good blues music.
Blues concerts – (not only) every Thursday
Jam sessions – every second Tuesday.
Concerts on DVD - every second Tuesday.



Inside: Club consists of 3 small rooms: the first one is a commission and music shop, 2nd - a bar and also a gallery and 3rd - the most interesting one – a place where you can find lots of tables and a nice scene. On the dark walls there are black and white pictures of famous musicians.

Opening hours: from 15.00 till the last customer leaves...

Seats: 50

Prices: 0,5 l beer from 4 PLN Quite a wide selection of alcohol.



Service: friendly.

Atmosphere: great!



6. Cyganeria

27 3-Maja Street
tel. +48 58 699 90 15, + 48 58 699 36 43

Music: jazz, jass. Concerts (not only jazz, e.g. Apteka (polish punk/rock), Scianka (polish trip hop). If there is no concert you can listen to good, calm music from a record.

Godziny otwarcia: Mon.-Thur. 10.00 - 24.00
Fri.-Sat. 10.00 - 01.30 Sun. 15.00 - 00.30



Inside: much more plain than locals above, but nice.

Seats: 200

Prices: beer 5.50 – 10 PLN (Paulaner)
Here you can also have coffee, eat cake or a warm meal.

Service: ok

Notes: lots of smoke from cigarettes.
It's a pub "with history" – it has existed for over 60 years!



7. Coco cafe club & restaurant

21 Waszyngtona Street
Gemini Centre
tel: 58 661-62-00
WWW: www.coco.net.pl
e-mail: rondelek@idea.net.pl

Description in part I.



III. To dance...

1) Ucho Music Club

2 Św. Piotra Street

tel. +48 58 782-29-69

office opening hours: Mon.-Fri. 11.00-16.00 e-mail: ucho68@op.pl WWW: www.ucho.com.pl

Music: Music club with professional scene and sound system.

There are 3 kinds of parties in the club:

- "Sax Club" jazz, every Friday – from classical jazz through mainstream to avant-garde. The best Polish musicians and guests from abroad, like Monty Waters or Hiram Bullock. After the concerts, at about 22:30, after party - Swing-O-Daddy.

- "New scene" (ska, alternative, rock, punk) – every Sunday

- Saturdays - „Indie Night Party”, in other words "From Cure to Blur" (British music).

Occasionally other parties, like "Rusko party".

Apart from these, young musicians give concerts on "the Free Scene" every Tuesday.

There's also "DKF Żyrafa" – independent movies projections.

Ucho holds also the best concerts in Gdynia (which we recommend; tickets are often available on the day of the concert). Everything is played here, from punk-rock to jazz, ethnic music and hip hop.

The music is unfortunately so loud that it's impossible to talk in the club.

Inside: severe, industrial; 2 levels; 2 bars.

Opening hours: from 18:00 to...

Seats: 200 (but lots of space for dancing)

Prices: beer from 5 PLN - 0,5 L / from 4,5 PLN - 0,33 L

Service: rather friendly; good English. **Notes:** it's not an airy room



2) Pokład

11 Al. Jana Pawła II

mobile phone: +48 509 919 883

tel: +48 58 660-34-31

fax: +48 58 620-43-13

WWW: www.poklad.pl

e-mail: poklad@poklad.pl

Music: DJ or szanty (sailors' songs), sometimes themes from 1970s, 80s & 90s. Besides variative: blues, rock, latin music, pop...

Parties: "Studenckie czwartki" (Student Thursdays), "Maluch na chodzie" – repeating every week. Sometimes concerts.

Inside: original; there's a huge replica of an old sailing boat, wood all round, two-floor scene.

Opening hours: 18:00 - 04:00

Seats: 80 but lots of space for dancing

Prices: beer 6 PLN

Service: generally poor – barmen often ignore customers, so people have to wait 10-15 min to order something



IV. Coffee, tea and cakes...

a. Kawiarnia Strych

7B Plac Kaszubski (entrance from the back, on Żeromskiego Street, Cafe is situated in the yard)
tel. +48 58 620-30-38
E-mail: strychgdynia@op.pl
Description above.

b. Herbaciarnia Matnia – Galeria – Tea-rooms

9A Kilińskiego Street
tel: +48 58 620 00 70

Small and cosy tea-rooms offering cakes, coffee and about 90 sorts of tea.

Inside: cosy. There's a gallery of paintings, sculptures and bas-relievs.

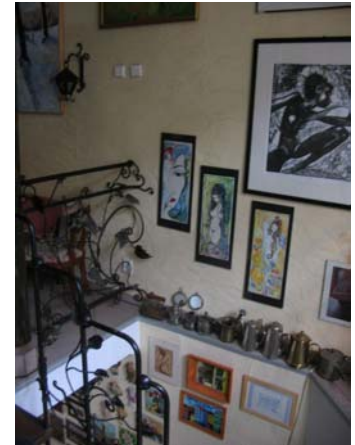
Seats: about 30



Service: very friendly. Menu in English and French.

Prices: moderate
from 7 – 36 PLN
(mostly 9 PLN) for a pot of tea)

Notice: no smoking!



c. Cyganeria

27 3-Maja Street
tel. +48 58 699 90 15, + 48 58 699 36 43

Description above.

d. And...

Cafes in Świętojańska Street (prices: 4 – 11PLN):

- **Cynamon** 49 Świętojańska Street tel: +48 58 781 31 31
- **Contact Café** 66 Świętojańska Street Opening hours: 10.00 - 23.00.
- **Coffee Taste** 44 Świętojańska Street tel: +48 58 621-81-37